

BAY MESSENGER

FEBRUARY 2009

10 a.m. Sunday School

10 a.m. Sunday Worship

Child care available

PASTOR'S CORNER



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ASH WEDNESDAY SERVICE

On Wednesday, February 25, Bay UMC will hold an Ash Wednesday Service at 7:30 p.m. Begin Lent with this meditative service, which will include the participation of the Youth Orchestra and the Chancel Choir. It will also include the imposition of ashes, the sacrament of communion, and will end with a special time of prayer commitment.

ASH WEDNESDAY PRAYER VIGIL

This year on Ash Wednesday, February 25, Bay UMC will be observing a twelve-hour prayer vigil, beginning at 7 a.m. (after the usual 6:30 a.m. prayer and communion service) and continuing until 7 p.m. We are seeking persons who will come to the church to pray in either the sanctuary or chapel in one-half hour "shifts." Our goal is to have someone in the church praying throughout the entire 12-hour vigil. Prayer guides will be available to guide you in your prayer and meditation. There will be a sign-up sheet in the narthex to help us achieve this goal.

Communion will NOT be served during the day, as it is available at the 6:30 a.m. service and the 7:30 p.m. service.

DISTRICT LEADERSHIP ACADEMY

Saturday, February 7

8:30 a.m. to 3 p.m.

Lakewood United Methodist Church

The North Coast District will hold its annual training event on Saturday, February 7. Bishop Sally Dyck, formerly of the East Ohio Conference, will be the keynote speaker.

The participants will attend up to four workshops from the dozens to choose from throughout the day. Pick up a brochure in the narthex or the church office. Attending an event like this helps us to be more effective in our ministry and mission to Jesus. It is our goal to have 20 people from Bay attend the academy. We want our church and her leaders to be as effective as possible so we can say, "Lord, we ARE able!"

We will carpool from the church at 8 a.m.

Rev. Bell

UNITED METHODIST WOMEN

CIRCLE NEWS

Sarah Ruth Circle

Wednesday, February 18

9:30 a.m., Parlor

Judy Budoï will present a program on the history of the Romanian Orthodox's Icons and the Easter Eggs.

Lydia Circle

Tuesday, February 24

7 p.m., Parlor

Jennie Sebrasky will present a program on "The History of Cleveland—The Story of Its Churches"

Devotions—Jaye Dupal

Hostess—Leslie Bauer



ADULT STUDIES MINISTRY

ADULT CLASS OFFERED

Beginning Sunday, February 1, at 8:30 a.m.

Our class will cover the life of Dietrich Bonhoeffer, a German Lutheran theologian at the time of WWII. Special attention will be given to his open opposition to Hitler, with major emphasis on his involvement to kill Hitler. The plot failed, with many consequences for those involved. Bonhoeffer was a special hero worthy of our remembrance.

Join us for this class. George Reash will be the teacher.

WOMEN'S BOOK STUDY

Wednesdays, January 28 through March 4

7:30—9 p.m

Parlor

Join a six-week study on the book, "You Matter More Than You Think," by Leslie Parrot, showing how each piece of your life, no matter how small, represents who you are. Class members will acquire a better understanding and appreciation of the differences they are already making in the world.

Church members and friends are welcome! E-mail any questions to JJ Perrine at jjwper-rine@sbcglobal.net.

FINANCE MINISTRY

I am happy to report that through your financial commitment to the missions of Bay United Methodist Church we have paid all of our 2008 bills, including the \$15,000 Line of Credit with National City Bank. *This means that we went into 2009 with a clean slate!*

We could not have overcome this deficit without your generosity and personal commitment in these difficult financial times. Thanks again to all of our loyal supporters and faithful givers for your continuing support.

Larry Johnson
Finance Chair

FROM OUR MAILBAG . . .

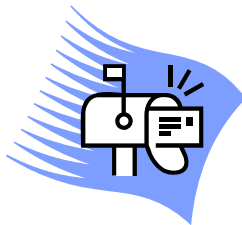
Thank you so much for the hospital visits, cards, calls, and especially your prayers during my recent hospital stay. It is very special to be part of such a caring congregation.

Pete Kratt

* * *

We acknowledge with gratitude your recent contributions to “Nothing But Nets,” “Disaster Response, International,” and “Hurricanes 2008.” Thanks for your generous support to mission.

Roland Fernandes
General Board of Global Ministries



Thank you for your continued support of the Genesis House. Your contributions make a big difference in the lives of women and children. Please continue to give travel-size toiletries in the box marked “Genesis House” in the entry.

Thanks to the United Methodist Women, the Worship Committee, Sandy Dunkle, Jill Svancara, Barb Lihani, and Judy Trask for the displays in the display case in 2008.

If you would like a turn, call Betty Bauer, 440-937-3420, or the church office, 440-871-2082, to schedule your time.

ATTENTION STAFF-PARISH MINISTRY MEMBERS

Your monthly meeting is now the **second Monday of the month.**

Please mark your calendars!

OUTREACH MINISTRY

The people at the Near West Food & Family Center sent us a note expressing their thanks for all of our donations during the holiday seasons. They also expressed their needs for food donations for the coming months.

If we can continue to fill grocery bags with basic staple food for them, it will be an enormous help to supply many families and individuals with what they need to prevent hunger.

These items will be the greatest help:

- ◆ Bisquick
- ◆ Canned hearty soups or stews
- ◆ Tuna
- ◆ Canned juice
- ◆ Pasta and sauce
- ◆ Rice
- ◆ Cereals, oatmeal, instant or regular
- ◆ Peanut butter, jelly
- ◆ Canned ravioli, spaghettios, etc.

Please set bags of groceries on the wooden bins in the coat room. They will be taken down to the Food Center as soon as possible.

If you have any questions, call Cyndy Monjot, 440-930-2321.

WELLNESS MINISTRY

HEART ATTACK: WARNING SIGNS AND SYMPTOMS

Chest pain or discomfort is the major symptom of heart attack. It can feel like:

- ◆ Squeezing or heavy pressure
- ◆ Something heavy sitting on your chest
- ◆ Bad indigestion or heartburn
- ◆ A tight band around your chest
- ◆ Fullness

You may feel pain in other areas:

- ◆ Arms and shoulders
- ◆ Back
- ◆ Neck
- ◆ Jaw
- ◆ Stomach

Other symptoms of heart attack can include:

- ◆ Shortness of breath
- ◆ Cold sweats
- ◆ Nausea or vomiting
- ◆ Lightheadedness
- ◆ Unexplained fatigue
- ◆ Palpitations (feeling like your heart is beating too fast)
- ◆ Anxiety

Some people (the elderly, people with diabetes, and women) may have little or no chest pain. Women are more likely to experience some of the other common symptoms of heart attack, such as shortness of breath, nausea or vomiting. If you think you are having a heart attack, call 911 right away.

“THE WORD IN FEBRUARY”

February 1—Fourth Sunday after Epiphany

“Hymns and Their Stories” — Rev. Bill will be attending a national United Methodist Workshop. In his absence, Eric Richardson and other members of the choir will provide the stories of how several of our favorite hymns came to be written, and then we will sing several verses of each. Come and make a joyful noise unto the Lord!

February 8—Fifth Sunday after Epiphany

Psalm 111 and 1 Corinthians 8:1-13

Message: “It’s Not My Job”

February 15—Sixth Sunday after Epiphany

2 Kings 5:1-14 and Mark 1:40-45

Message: “What Is Healing?”

February 22 - Transfiguration Sunday

2 Kings 2:1-12 and Mark 9:2-9

Message: “Transformation”

February 25—Ash Wednesday, 7:30 p.m. Service

Joel 2:12-17 and Matthew 6:1-6, 16-21

Message: “Don’t Give Up For Lent”



If you have a student in college, please call the church office, 440-871-2082, with his/her address. We like to send the *MESSENGER* to our college students.



PLEASE NOTIFY

THE CHURCH OFFICE

of any birth, death, marriage, hospitalization, change of address, or change of email address

When you change e-mail addresses, don't forget to notify the church!

GO PAPERLESS — GET THE MESSENGER ON LINE!

Because we are actively striving to be good stewards and due to the increasing cost of publishing the *MESSENGER*, we encourage you to view the *MESSENGER* from our website.

E-mail carolsue_bumc@sbcglobal.net, and we will take you off our “snail” mail list. You will receive a notice by e-mail each month letting you know that the new issue is on our web site, www.bayumc.org.



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OUR MISSION STATEMENT
To live the example of Jesus Christ.



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William G. Zurkey, Organist

JJ Perrine, Nursery Staff

Angie Manos, Nursery Staff

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Nicole Moyer,, Nursery Staff

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